



**April 2017**  
**Academy for Urban Leadership**  
 Our menus are aligned with the USDA's  
 "Healthier US School Challenge. "

3 Chicken & Waffles Corn Fresh Fruit or Fruit Cup	4 Buffalo Chicken Patty Sandwich Green Beans Fresh Fruit or Fruit Cup	5 Pasta w/ Meatballs Breadstick Pepper & Onions Fresh Fruit or Fruit Cup	6 General Tso's Chicken Brown Rice Broccoli Fresh Fruit or Fruit Cup	7 Cheese Pizza Green Beans Fresh Fruit or Fruit Cup
10 Meatloaf w/Roll Cooked Carrots Fresh Fruit or Fruit Cup	11 Chicken Drum Basket/Biscuit Sweet Potatoes Fresh Fruit or Fruit Cup	12 Beefy Mac & Cheese Breadstick Spinach Salad Fresh Fruit or Fruit Cup	13 BBQ Chicken Quesadilla Broccoli Fresh Fruit or Fruit Cup	14 NO SCHOOL
17 NO SCHOOL	18 NO SCHOOL	19 Mac & Cheese/Breadstick Spinach Salad Fresh Fruit or Fruit Cup	20 Chicken Lo Mein Broccoli Fresh Fruit or Fruit Cup	21 Cheese Pizza Green Beans Fresh Fruit or Fruit Cup
24 Monster Mestball Sub Carrot Sticks Fresh Fruit or Fruit Cup	25 Soft Tacos Black Beans Fresh Fruit or Fruit Cup	26 Pasta w/Meatballs Breadstick Sautéed Spinach Fresh Fruit or Fruit Cup	27 Chili in a Bread Bowl Corn Fresh Fruit or Fruit cups  HALF DAY	28 Cheese Pizza Green Beans Fresh Fruit or Fruit Cup

**Menu is Subject to Change**

**Available Daily:**  
**Tuna Sandwich**  
**Turkey & Cheese Sandwich**  
**Ham & Cheese Sandwich**  
**Cheese Sandwich**  
**PB&J**  
**Veggie Burger**  
**Chicken Caesar Salad**

**Offered Daily w/ Reimbursable Lunch:**  
**Fresh Fruit or Fruit Cup**  
**Hot and/or Chilled Vegetables**  
**Low Fat & Fat Free milk**  
**Baby Carrot Bags**

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