



May 2017
Academy for Urban Leadership
 Our menus are aligned with the USDA's
 "Healthier US School Challenge. "

1 Soft Taco Black Beans Fresh Fruit or Fruit Cup	2 Chicken Drumstick Basket/Breadstick Sweet Potato Fresh Fruit or Fruit Cup	3 Pasta w/Meatballs Breadstick Carrots Fresh Fruit or Fruit Cup	4 Hot Dog on Bun Corn 100% Juice	5 Cheese Pizza Sauted Spinach Fresh Fruit or Fruit Cup
8 Chicken Parm Sandwich Carrot Sticks Fresh Fruit or Fruit Cup	9 Hamburger on a Bun Diced Tomatoes 100% Juice	10 Old Fashion Mac & Cheese Breadstick Peas Fresh Fruit or Fruit Cup	11 BBQ Chicken Quesadilla Broccoli 100% Juice	12 Half Day Assorted Cold Sandwiches Fresh Fruit or Fruit Cup
15 Monster Meatball Sub Peas Fresh Fruit or Fruit Cup	16 Buffalo Chicken Patty Sandwich Sweet Potatoes 100% Juice	17 Chili in Bread Bowl Spinach Salad Fresh Fruit or Fruit Cup	18 Chicken Nuggets/Breadstick Carrots 100% Juice	19 Cheese Pizza Green Beans Fresh Fruit or Fruit Cup
22 Meatloaf/Roll Diced Mushrooms Fresh Fruit or Fruit Cup	23 Hot Dog on Bun Corn 100% Juice	24 Pasta w/ Meatballs Breadstick Carrots Fresh Fruit or Fruit Cup	25 Sweet & Sour Chicken Rice Steamed Broccoli 100% Juice	26 Cheese Pizza Green Beans Fresh Fruit or Fruit Cup
29 No school Memorial day	30 Monster Meatball Sub Carrots 100% Juice	31 Old Fashion Mac & Cheese Breadstick Peas Fresh Fruit or Fruit Cup		

Menu is Subject to Change

Available Daily:
Tuna Sandwich
Turkey & Cheese Sandwich
Ham & Cheese Sandwich
Cheese Sandwich
PB&J
Veggie Burger
Chicken Caesar Salad

Offered Daily w/ Reimbursable Lunch:
Fresh Fruit or Fruit Cup
Hot and/or Chilled Vegetables
Low Fat & Fat Free milk
Baby Carrot Bags

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